



Kit List for Bushcraft & Survival Day



Tips for your course

To Wear:

- Old trainers, walking boots, wellingtons or similar
- Waterproofs (at least an anorak in case it rains, ideally waterproof trousers too)
- Warm top (even in summer, if the sun goes in it can get cold)
- Warm trousers
- Hat (in summer a baseball cap or similar and if cold a woolly hat)
- Gloves (in cold weather)

To bring:

- Drinking water. For full day trips at least 1 litre per person, (we don't supply cups)
- Food (biscuits etc are good. Try to avoid fresh items like chicken, fish etc that could spoil in the hot sun). We can supply ration packs if required.
- Any medication and allergy medicine (i.e. inhalers, epipens etc)

We provide:

- Knives, fire steels, folding saws
- Tea, coffee, water

If you are unsure please don't hesitate to ask!

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